

EXPANDING OPTIONS FOR AGING-IN-PLACE

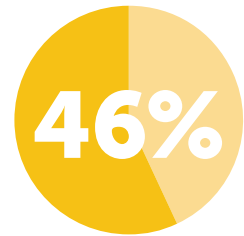


Healthy Home coordinator Henry Nefflen consulting with a program participant.

RCHA LAUNCHED the Wellness Collaborative in 2013 to create a service-enriched housing model for our growing elderly population. Collaborative members now include Davis Health System, Randolph County Senior Center, Randolph-Elkins Health Department and Cortland Housing Association.

The Collaborative first launched the Healthy Home program—a free, care coordination initiative—at the First Ward School Apartments in Elkins. Its focus is to enable seniors to age safely in their homes, experience improved health, and avoid costly medical and institutional care. Today, it has expanded to serve seniors at the Elkins Housing Authority’s Gateway Apartments, and to Pineview and The Pines, both part of Cortland Housing in Thomas.

Early data indicate success, with a sharp decrease in emergency room visits by participants and positive results on a wide range of goals for health and wellbeing. To date, more than 30 participants have been served by the program, and expansion to 200+ residents is in the works.



**DECREASE IN
ER VISITS IN
ONE YEAR**

