



April 8, 2020

Dear Healthy Home participants and First Ward School Apartment residents,

Due to the CDC's recommendations the Healthy Home Program will stop all home visits until further notice. In that time, **if you do not have transportation or any other way to acquire essential items** such as food, prescription re-fills, toilet paper or other hygiene products please contact us and we will do what we can to help you. If you or someone else in your household are sick please stay home and contact your doctor for medical advice.

If you would like to speak to someone about financial counseling you can contact the Home Ownership Center at 304-636-9115. If you are a resident at First Ward School Apartments and have concerns about paying rent you can contact Michelle Teter at 304-636-6495 ext. 18 or 304-642-5160.

The following is a list of resources in Randolph County for obtaining meals or grocery assistance, household items and additional resources. Please contact Kaitlin Carr at 304-940-6776 or Josh Wanstreet at 304-940-4096 if you have additional questions or need assistance.

Randolph County Senior Citizens Center 1, 5th St. Elkins:

Grab n' Go, Drive through, carry out, pick up, takeout meals are available for our Seniors at RCSC Nutrition sites throughout the county Monday – Friday 11:45am – 12:45 pm. Those 60 and older are asked to simply give a donation amount of their choice per meal, for those 59 and younger the cost is \$5.25 per meal. We are sorry to say that given the recent closures of dining rooms/congregate eating facilities, we will not be able to offer meals in our dining rooms at this time. Meals are still being delivered M-F at the Elkins Manor to individuals' apartments. To get a takeout meal, just drive up to the front door of the alley door of the Elkins site (there are lots of signs to direct you). Staff will help you there. As always, our goal is to take care of our RCSC family and the elders of our community. If you have questions or need something, please call the Senior Center at 304-636-4747.

Catholic Charities 1513 Harrison Ave Suite C-10, Elkins (The Elkins Cinema 8 Plaza):

Food Pantry hours are Monday 1-3pm, Tuesday – Thursday 9am –noon, Closed on Friday. To request food assistance knock on the office door and a box of groceries will be prepared and then set outside. For more information call 304-636-4875 M-F 8:30am – 4:30pm.

Meals On Wheels 450 Randolph Ave. Elkins:

Call 304-636-4919 for program information and to arrange delivery service.

Pioneer Trails Ministries Elkins, WV: For information about meal deliveries contact Jodi Calkins at 304-704-0072 or email: pioneertrail@gmail.com

Wal Mart :

The store will now be open from 7 am to 8:30 pm and is offering curbside service and delivery. From March 24 through April 28, Wal Mart stores will host an hour-long senior shopping event every Tuesday for customers aged 60 and older. This will start one hour before the store opens (6am – 7am). Pharmacies and Vision Centers will also be open during this time. Call 304-636-2138 for additional information.

Dollar General 107 3rd St. and 1211 Harrison Ave.

Open 7 days a week 8am – 9pm. Currently open from 8am – 9am 7 days a week specifically for seniors.

Wal Greens 615 Randolph Ave, Elkins 304-636-8180:

Operating hours M-F 9am – 9pm and Sat. & Sun. 9am – 8:30pm.

Health Center Pharmacy at Davis Medical Center 304-636-6767:

Operating hours M-F 8am – 6pm, Sat. 9am – 1, Closed Sunday. Delivery and curbside service is now available, call for details.

Davis Medical Center 304-636-4585:

Direct Care of Elkins implements “Senior Care” hour to assist seniors during the COVID-19 outbreak. Monday-Friday from 8-9 am, seniors aged 65 and older may visit for ailments such as earaches, allergies, rash, sprains & strains, and other acute injuries or illness.

***To schedule a Telemedicine appointment call 304-637-3894, see last page for details.**

Institute on Aging’s 24-hour toll-free Friendship Line 1-800-971-0016:

The Friendship Line is both a crisis intervention hotline and a warm line for non-emergency emotional support calls.

As the novel coronavirus pandemic continues, phone scammers have seized the opportunity to prey on consumers:

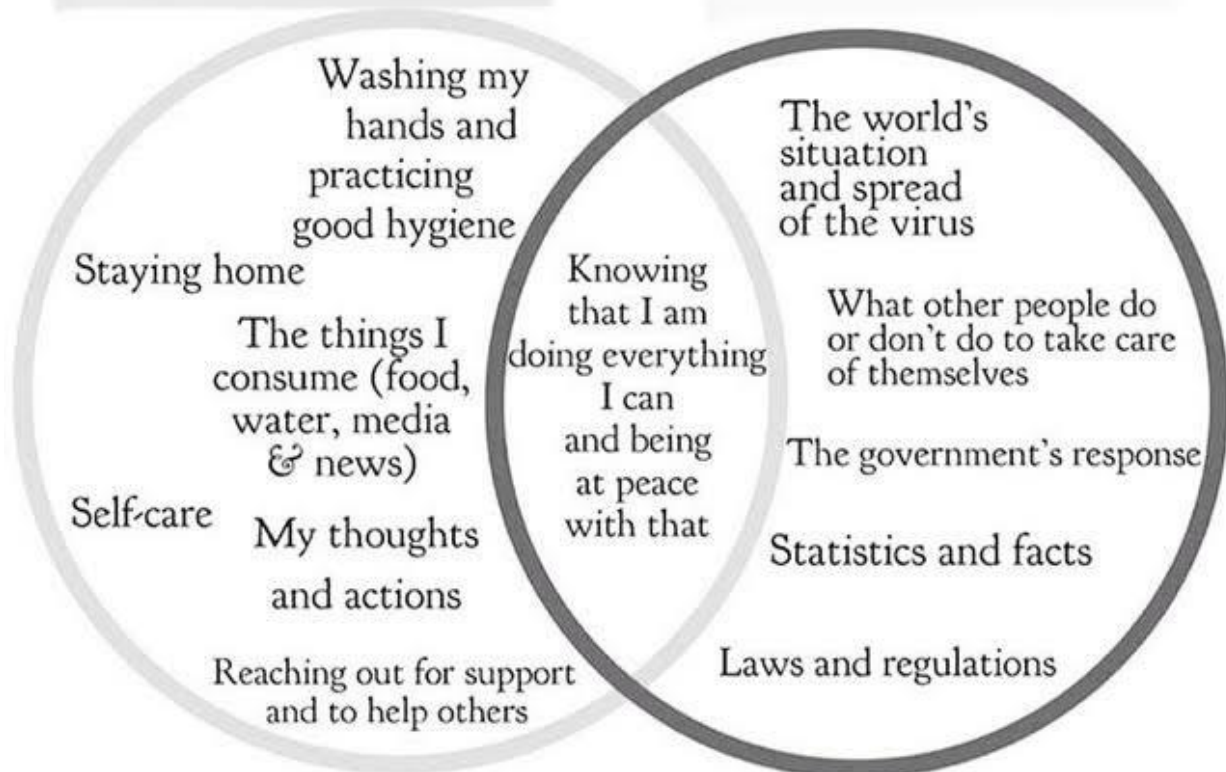
Do not respond to calls or texts from unknown numbers, or any others that appear suspicious. Never share your personal or financial information via email, text messages, or over the phone. Be cautious if you’re being pressured to share any information or make a payment immediately. Scammers often spoof phone numbers to trick you into answering or responding. Remember that government agencies will never call you to ask for personal information or money. Do not click any links in a text message. If a friend sends you a text with a suspicious link that seems out of character, call them to make sure they weren't hacked. Always check on a charity (for example, by calling or looking at its actual website) before donating. Many citizens will receive checks as part of the federal government response to the coronavirus. No one will call or text you to verify your personal information or bank account details in order to "release" the funds.

We're in this together



THINGS I CAN CONTROL

THINGS I CAN'T CONTROL



For the protection and safety of our patients and healthcare workers, Davis Medical Center is suspending non-emergent, non-urgent, and in-person medical and surgical care.

General family practice and chronic care management care is encouraged through our Telemedicine Program.

Through telemedicine you connect to your provider using audio and video equipment to allow for a real time interactive appointment. It is very much like Skype or FaceTime, but with security measures to protect your privacy.



How to see a DMC Provider via Telemedicine:

- Call the DMC Patient Access Center to schedule your appointment. 304.637.3894
- The representative will instruct you on how to download and use the Telemedicine APP.

What care is available through DMC's Telemedicine:

- Family Practice
- Pediatrics
- Prescription refills
- Orthopedic
- General Surgery
- Pain Management
- Behavioral Health
- Chronic care management
- Podiatry
- Speech Pathology
- Obstetrics (limited)
- Urology

Call 304.637.3894 for information or a Telemedicine Appointment.